MINUTES: Healthy Carolinians of Macon County – **Strengthening Families Committee**

DATE: November 6, 2008 **PLACE**: Macon County School's Central Office **TIME**: 12:00 N – 1:30 PM

ATTENDEES: Vanessa Bailey, Rhonda Blanton, Jim Bottomley, Jennifer Garrett, Jane Kimsey, Paula Ledford, Kathy

McGaha and Sheila Price **GUEST**: Kim Angel

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of	Vanessa Bailey welcomed everyone to today's meeting		
Minutes	of the Strengthening Families Committee. Ms. Bailey		
	asked the committee members to review the minutes of		
	the last meeting. Jennifer Garrett motioned for the		
	approval of the minutes. Jim Bottomley 2 nd the motion,		
	with a unanimous vote for approval.		
Macon Transit Information	Kathy McGaha gave a brief history of the three		
	interventions the Strengthening Families Committee is		
	working on. Ms. McGaha said the committee members		
	had asked to obtain more information on our local transit		
	system. Ms. McGaha then introduced Kim Angel from		
	Macon County Transit.		
	Ms. Angel explained that they operate a regular route		
	called <i>The Mountain Gem</i> . Ms. Angel said there is a		
	\$1.00 boarding fee and this transport operates on a		
	continuous route. Ms. Angel passed out a handout with		
	the times and stops listed.		
	Ms. Angel said they also honor requests for		
	transportation. Ms. Angel said the local requests must be		
	received by 2:00 PM the day prior to the date of the trip.		
	Ms. Angel said the out-of-county trips must be scheduled		
	at least one week in advance of the trip. Ms. Angel		
	explained currently they travel as far as Asheville.		
	Ms. Angel also had other handouts and items for the		
	committee members to review and take with them.		
Family Resource Center	Kathy McGaha and Paula Ledford informed the		
Report	committee members about a possible resource center for		
	school children and family members. This resource		

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	center would be located in a house near the new 5/6		
	School. Ms. Ledford said this resource center is		
	currently just being considered and would offer help with		
	educational services.		
	Jane Kimsey reported on the Community Resource		
	Center that would be housed at the new Senior Center		
	building. Ms. Kimsey said they are in the process of		
	obtaining an architect to upgrade the building.		
Soup Café Report	Vanessa Bailey reported that the Soup Café is now open		
	for lunch on Tuesdays. Ms. Bailey said the numbers		
	served have really increased over last year.		
	➤ October 2007 – 157 served		
	➤ October 2008 – 300 served		
Other Items for Discussion	Other Items for Discussion:		
	o Vanessa Bailey gave an update on the Knapsack		
	Program. Ms. Bailey said they are currently		
	doing this program in three schools and soon will		
	expand to more. Ms. Bailey said $3-7$ pounds of		
	food is packaged in a brown bag and then placed		
	in a plastic bag. These bags are dropped off at		
	the Central Office on Thursday's. The different		
	school secretaries then pick the bags up Friday		
	morning and take them back to their schools. The		
	bags are then given to the different homeroom		
	teachers who then place the bags in the child's		
	backpack to take home for the weekend.		
	o Jim Bottomley informed the committee members		
	about the proposed Samuel's House in Clay		
	County. Samuel's House will provide a safe		
	haven for women and women with children, who		
	have no home. Mr. Bottomley said the service		
	area would be 100 miles radius of Clay County.		
	o Kathy McGaha asked the committee members to		
	be considering what the next project for this		
	committee could be and bring suggestions to the		

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TOPIC	DISCUSSION	ACTION	FOLLOW-UP
	next meeting.		
Next Meeting Date	The next meeting of the Strengthening Families Committee will be held on Thursday, January 8 th , from 12:00 N – 1:30 PM at Macon County's Schools Central Office.		

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